



HURTIGRUTEN

EXPEDITION  
**VOYAGES**  
LIFE CHANGING EXPERIENCES



## Expedition to the Amazon Rainforest - Southbound

→ Manaus, Brazil - Montevideo, Uruguay

Combine Amazon rainforest, tropical beaches and metropolitan city life along the Brazilian coast. Departing from Manaus, we spend 17 glorious days travelling southbound to Montevideo, learning about the impressive ecology, history and culture along the way.

Travel period - 14 October 2017

Duration - 17 Days

Ship - MS Fram



Experience a diverse itinerary, venturing into the Amazon rainforest before exploring big cities and coastal ports



See life on the Amazon River where there is evidence of commerce in the forestry industry



Choose from an exciting and varied excursion programme including sightseeing, historical and culinary excursions



Join fascinating lectures from our expert Expedition Team

Starting in Manaus, we cruise the Amazon River and venture into the tropical jungle. Learn more about the ecology here, enjoy birdwatching and observe the unique wildlife whilst hiking or canoeing. As we sail south along Brazil's coastline, you can enjoy time spent at sea, explore impressive nature and see historic highlights in some of the cities, giving you a great opportunity to really get to know the country and its people.

## A Blend of Natural Wonders and Urban City Life

While we are sailing along the Brazilian coastline, we will explore the rainforest, beaches and endless rivers. Windsurfing and fishing are both popular activities and there are excellent opportunities for rock climbing and hiking. In addition, you will have plenty of time to explore some of the cities, with great

museums, UNESCO World Heritage Sites, diverse architecture, the seductive sound of Bahian music, and the exotic, inviting scents and tastes of the African-influenced food. The mix of jaw-dropping nature, friendly people, rich culture and fascinating lectures makes this expedition an unforgettable one.

**Your holiday price includes:**

- Hurtigruten Expedition Voyage in cabin grade of your choice on a full board basis
- One hotel night in Manaus before the voyage including breakfast
- One hotel night in Montevideo after the voyage including breakfast
- Transfer hotel to ship in Manaus including sightseeing
- Transfer ship to hotel in Montevideo
- Wind- and water-resistant jacket
- Landings and activities on board and ashore
- Professional English-speaking Expedition Team that gives lectures as well as accompany landings and activities
- Free tea and coffee

**Not included:**

- International Flights
- Travel Insurance
- Luggage handling
- Optional Excursions and Gratuities

**Note:**

- Prices are in EUR per person
- All planned landings are subject to weather conditions
- All itineraries are subject to change

## The Itinerary

Cruise the Amazon River before travelling south along the coast of Brazil, ending in the lively city of Montevideo, Uruguay



Departure: *14 October 2017*

Departs From:

*Manaus, Amazonas*

### DAY 1



### Door to the jungle

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*Location: Manaus*

Your adventure starts with an overnight stay in the capital of the Amazonas state. Located in the middle of the rainforest and with 2 million inhabitants, it seems like a foreign body in relation to the lush Amazon.

## DAY 2



### **Facts and floating piers**

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*Location: Manaus, Amazonas*

After a relaxing breakfast, you'll join a sightseeing tour where you will learn more about the region including its turbulent history during the "rubber boom" in the late 19th century. Manaus is home to a floating pier as the water level can change due to the heavy rainfalls of up to 13 metres. Here the tour will end where MS Fram will be waiting for you.

## DAY 3



### Local flavour

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*Location: Parintins, Amazonas*

Parintins is a very small island with lots of small shops, eateries and a local cathedral that towers over the city. Take a walk to experience the everyday life here, enjoy one of the local drinks or taste the local soup, do some boi-dancing with the locals or join the Expedition Team for a hike or kayak trip in the jungle.

## DAY 4



### **Where the waters meet**

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*Location: Santarém, Amazonas*

The Amazon River is the largest river in the world and runs through the largest forest in the world. After three days at sea, it will be great to feel land under your feet again! Stroll along the waterfront promenade in the lively port town of Santarém where the murky brown Amazon meets the dark blue-green Rio Tapajós. Santarém is the perfect starting point for several activities in the National Forest Tapajós, a beautiful national forest where you can hike and canoe. You can also explore the unique Amazon rainforest.

## DAY 5-7



### **From the Amazon to the Atlantic**

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#### *Location: Cruising the Amazon River*

For the next few days, we will be sailing on the Amazon River through the jungle before we reach the Atlantic Ocean, so stay on deck with your camera and binoculars! Listen to the sounds of the jungle and hear the songs of the wilderness. Relax and enjoy the tropical temperatures for the coming days or attend lectures from the Expedition Team.



## DAY 8



### **Food and fortresses**

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*Location: Fortaleza, Brazil*

In Fortaleza, we recommend a visit to Centro, the oldest part of town, which is a lively area to explore by day, with busy streets full of small shops. Here, you can sample typical Brazilian food in one of the barracas (rustic restaurants) next to the beach, and visit the old fortress built by the Dutch captain Matias Beck in 1649 as well as Fortaleza's cathedral, the third-biggest church in Brazil.

## DAY 9-12



### **Warm water cruising**

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*Location: Cruising the Atlantic Ocean*

Learn to enjoy 'the dolce far niente', or sweet to do nothing, on a restful few of days at sea. Perhaps a tropical rain shower will surprise us.

## DAY 13



### Tracing the Gold Trail

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*Location: Paraty, Brazil*

The UNESCO World Heritage town of Paraty, with its old colonial houses and cobblestone streets, is surrounded by islands, sheltered beaches, and a backdrop of steep, jungled mountains. Paraty had its first boom during the gold rush in Brazil, in the 17<sup>th</sup> century. It was the final point of the 'Gold Trail'. Originally used by the Guaianazes Indians, the 745-mile road connected the gold mines with the Atlantic Ocean through the rough terrain of the rainforest. At the beginning of the 19<sup>th</sup> century, Paraty became renowned once again due to the coffee trade and the production of Cachaça, a distilled spirit made from sugarcane juice. The coastline, with its intact forests, attracts hikers, botanists and ornithologists from all over the world and a visit here is an unforgettable one.

## DAY 14-15



### Time to reflect

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*Location: Sailing the Atlantic Ocean*

Sea days are perfect to wind down and reflect on the wonderful experiences you have had during the last two weeks. Perhaps you would prefer to sip cocktails on the open deck, or attend interesting lectures from our Expedition Team. You may also spend your time with new friends on board MS Fram or reading a good book.

## DAY 16



### City buzz

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*Location: Montevideo, Uruguay*

In the afternoon, we arrive in Montevideo, the capital of Uruguay, situated at the mouth of the Rio de la Plata. A transfer will take you from the ship to your hotel. Enjoy the lively city in the evening.

## DAY 17



### The end of the expedition

*Location: Montevideo*

After breakfast in the hotel, your adventure comes to an end.



**30 October 2017**

Location:

*Montevideo, Uruguay*